# Appendix A – Support available if you or someone you know is experiencing domestic abuse

If you or someone else is in immediate danger, ring or text 999.

If you are deaf, hard of hearing or have any speech impairment, please dial Minicom/ Textphone 18001

If you're worried a friend, family member, neighbour or colleague might be a domestic abuse victim you can report your concerns anonymously to Crimestoppers online here:<u>https://crimestoppers-uk.org/keeping-safe/personal-safety/domestic-abuse</u>

We know this can be daunting but the services below will support you every step of the way.



For women and children. Warwickshire Domestic Violence Service - If you are experiencing domestic violence in Warwickshire, Refuge's domestic violence service can support you and your children to keep safe. Refuge is a county-wide service that provides support to women, men and children experiencing domestic violence in Warwickshire.

### T: <u>0800 408 1552</u>

W: <u>https://www.refuge.org.uk/our-work/our-services/refuge-warwickshire-domestic-violence-service/</u>



Rights of Women - Rights of Women aims to increase women's understanding of their legal rights and improve their access to justice enabling them to live free from violence and make informed, safe, choices about their own and their families' lives by offering a range of services including specialist telephone legal advice lines, legal information and training for professionals.

### T: 020 7251 6577 (family law helpline – other numbers are available on the

### <u>website)</u>

W: https://rightsofwomen.org.uk/



Galop – Galop is a charity offering advice and support to LGBT+ people who have experienced violence or domestic abuse.

### T: <u>0800 999 5428</u>

W: http://www.galop.org.uk/

ManKind

Mankind – A confidential helpline is available for male victims of domestic abuse and domestic violence across the UK as well as their friends, family, neighbours, work colleagues and employers.

### T: <u>01823 334 244</u>

W: https://www.mankind.org.uk/



RoSA - RoSA is an independent charity working throughout Warwickshire, offering free confidential support for anyone who has experienced rape, sexual abuse, or sexual violence.

### T: <u>01788 551151</u>

W: <u>http://www.rosasupport.org</u>

### S safeline

Safeline - Safeline is a specialist charity providing a range of services across Warwickshire to support all survivors of rape and sexual abuse.

### T: 01926 402498 (or text 07860 027573)

W: https://www.safeline.org.uk/



The Blue Sky Centre (Sexual Assault Referral Centre) -

The Blue Sky Centre is a SARC where any victim of rape or sexual assault will receive medical care, police intervention (if they wish to report the crime), and various other support services.

### T: 01926 507805

W: https://blueskycentre.org.uk/

#### Respect Phoneline

Respect Phoneline - Is your abusive behaviour costing you your relationship? Help is available.

### T: <u>0808 802 4040</u>

W: <u>https://respectphoneline.org.uk/</u>

## A full range of support options are available at: <u>https://www.talk2someone.org.uk/</u>